## **January 2025**

## **New Year's Prayer**

Heavenly Father,

As we step into this new year, we thank You for Your guidance and blessings over the past year. We are grateful for the love, strength, and support You have provided us through the challenges and joys we experienced. May this new year be filled with Your light and love. Grant us the wisdom to make choices that honour You. Help us to show kindness and compassion to those around us. Guide us towards peace, understanding, and unity. Give us the strength to overcome obstacles and persevere through difficulties. Inspire us to live each day with gratitude, joy, and purpose. May we support and uplift each other, growing together in faith and love.

In Your Holy name, we pray. Amen.



### **Upcoming Events**

Sporting Event dates will be communicated with you once they are confirmed by the coaches. January and February Junior and Intermediate Basketball

**Dates TBD** 

### Harvest Kitchen

Harvest Kitchen St. Kevin's is part of a citywide network that provides a hot meal to the needy. Harvest Kitchen supper is served once a week in the evenings from November to March. On January 22, 2025, Holy Name Staff will be volunteering at the Harvest Kitchen. We would like to take this opportunity to thank all the volunteers at Harvest Kitchen for all the hard work they do year round and the Holy Name Staff

who continue to serve our school community beyond the regular school day.

### **Classroom Events**

Outdoor Education Four classes will be participating in Outdoor Education

- Gr. 3 January 24
- Gr. 2 January 27
- Gr. 5 (Gaspari) January 28
- Gr. 5 (Sardella) January 29

Classroom teachers will provide you with additional information regarding classroom events.

### **Contact Information** 905.732.4992

https://schools.niagaracatholic.ca/holyname/

### **Catholic School Council**

Our next Catholic School Council meeting will take place Tuesday, February 11th, 6:00 p.m.

#### SEAC

The Special Education Advisory Committee (S.E.A.C) of the Niagara Catholic District School Board is made up of Association representatives and trustees whose role is to support students with diverse needs and their families.

The Committee makes recommendations to the Board with regards to any matter relating to educational programs and services to be implemented in schools for our students.

All parents are welcome to attend the monthly meetings and learn about different programs and supports that are available in special education. Meetings are held at the Catholic Education Centre, 427 Rice Road, Welland, at 7:00 p.m. on the first Wednesday of the month. Please visit <u>www.niagaracatholic.ca</u> under Special Education Special Education Advisory Committee

For further information there are two links:

The Special Education Advisory Committee website - <u>www.seac-learning.ca</u> Ministry of Education Special Education website <u>www.edu.gov.on.ca/eng/general/elemsec/spec</u> <u>ed/speced.html</u>

Spirit Wear Maddalena's Uniforms - Available through the Maddalena Uniform Website: <u>https://www.maddalena-</u> <u>uniforms.com/pages/elementary-</u> <u>schools</u>

Graduation Hoodies Grad. Hoodies are also available through Maddalena's Uniform.

### **Dress Code**

All students at Holy Name School will follow NCDSB Dress Code Policy.



### STUDENT INFORMATION

If your contact information or your child's medical information changes, please inform us at your earliest convenience.

### Parking Lot Safety

We ask that you exercise extreme caution when driving in our very busy parking lot, especially during the morning and at dismissal at the end of the day. Please "Kiss and Drive" so your vehicle is not blocking the arriving busses. Parents are encouraged to use the East parking lot to pick up or drop off students. Please help us to continue to keep all children's safety as it is our most highest of priorities. Together we can continue to keep our children safe.

### Niagara Public Health School Information

This link will provide you with information about school health such as dental screenings, head lice etc. If can also access this information by visiting: https://niagararegion.ca/health/schools/

Staying warm in the winter is essential for comfort and health. Please make sure your child is dressed appropriately for the weather. Continue to monitor your local weather station for bus cancellations and school closures.

## **Anaphylaxis Policy**

At the beginning of every school year, we remind all students and parents/guardians of our Board's Anaphylaxis Policy.

At Holy Name Catholic School we have Emergency Procedures, which clearly state what medical procedures must occur for those students who have various lifethreatening medical conditions.

We are reminding all students and parents/guardians that we have students in our school who are known to have a potentially life-threatening allergy called Anaphylaxis.

Anaphylaxis is a serious allergic reaction that is rapid in onset and may cause death. While fatalities are rare, anaphylaxis must always be considered a medical emergency requiring immediate treatment.

Symptoms of anaphylaxis generally include two or more of these four body systems: skin, respiratory, gastrointestinal and/or cardiovascular. However, low blood pressure alone (i.e. cardiovascular system), in the absence of other symptoms, can also represent anaphylaxis. Breathing difficulties and low blood pressure are the most dangerous symptoms and both can lead to death if untreated. Anaphylaxis is an unpredictable condition as signs and symptoms can vary from one person to the next and from one episode to another in the same person.

In Canada, the most common food allergens that cause anaphylaxis are: peanut, tree nuts (almonds, Brazil nuts, cashews, hazelnuts, macadamia nuts, pecans, pine nuts, pistachios, and walnuts), milk, egg, seafood (fish, shellfish, and crustaceans), soy, wheat, mustard and sulphites (a food additive).

Anaphylaxis requires immediate first aid response and immediate medical intervention

## Reminders

#### **NUT SAFE SCHOOL**

Holy Name is a Nut Safe School. Please be aware that there are children in our school who have severe allergies to nuts and foods containing nut by-products. NASK (Niagara Anaphylaxis Support and Knowledge) recommends parents read and become familiar with food labels and check ingredient contents. Please send only foods that are peanut and nut safe.

### **Medication at School**

Students who require medication to be administered at school must submit the appropriate forms signed by a doctor prior to them being administered by staff. Medication will be stored in a secure location and tracking sheets will kept in the Vice-Principal's office.



**HAPPY NEW YEAR**